



SANTOSH
Deemed to be University



B.Sc. Nutrition and Dietetics

Empowering Scientific Minds Through Nutrition



Empowering futures
through **30+** years.



Excellence in **Education,**
Healthcare, Research.



Most **Approachable**
Location in Delhi NCR



NAAC Accredited Premier
Deemed to be University



900+ bedded Advanced
Superspecialty Hospital.

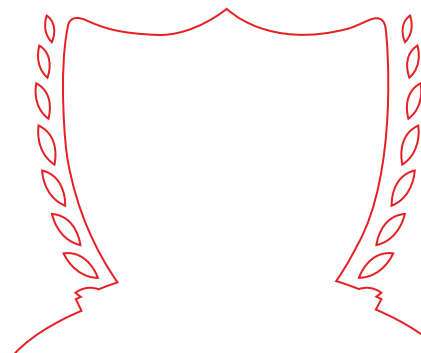


Holistic Development
of Students



Dr. P Mahalingam

*Founder Chairman
MD (General Medicine),
DM (Cardiology), FCCP*



Healthcare has never been the work of doctors alone. It is the collective strength of multiple professionals—diagnosticians, technologists, therapists, rehabilitation experts, and caregivers—working in seamless coordination that truly defines patient outcomes. Yet for decades, Allied Health Sciences remained one of the most under-recognised pillars of the healthcare system.

At Santosh Deemed to be University, we chose a different path.

At a time when Allied Health Sciences attracted limited attention, minimal policy focus, and little institutional investment, we consciously began building structured academic programs, clinical training pathways, and professional dignity for these disciplines. This decision was rooted in a simple belief: no healthcare system can function, sustain, or advance without a strong allied health workforce.

Allied health professionals have often been viewed as supporting roles. In reality, they are the building blocks of modern healthcare—enabling diagnosis, ensuring continuity of care, supporting recovery, and translating medical decisions into real patient outcomes. What no doctor can achieve alone is made possible through the skill, precision, and commitment of allied health teams.

Santosh's integrated university-hospital ecosystem was designed to reflect this philosophy in practice. With a 900+ bed teaching hospital at the heart of our campus, Allied Health Sciences education at Santosh has always been clinical, hands-on, and responsibility-driven. Our students learn not in isolation but as part of real multidisciplinary healthcare teams—understanding their roles, accountability, and impact on patients' lives from the very beginning.

Today, national policy has begun to recognise what we believed in years ago formally. The emergence of structured regulation and professional identity through the National Commission for Allied and Healthcare Professions (NCAHP) reflects a long-overdue acknowledgement of this sector's importance. While frameworks are now taking shape at the national level, Santosh had already laid strong academic and clinical foundations for Allied Health Sciences well in advance.

As the University completes three decades of service in healthcare education and patient care, our commitment remains unchanged. We will continue to strengthen Allied Health Sciences as a core academic and professional domain—guided by quality, ethics, clinical relevance, and social responsibility.

I take pride in our students, faculty, clinicians, and healthcare teams who embody this vision every day. They represent the future of healthcare—not as underdogs, but as essential professionals shaping safer, stronger, and more humane health systems.



Vice Chancellor Message



Prof. (Dr) V. N. Mahalakshmi,

Vice Chancellor - Santosh Deemed to be University



Choosing Allied Health Sciences means choosing a career at the core of healthcare delivery. At Santosh Deemed to be University, we are proud to shape professionals who are competent, confident, and compassionate. Our programmes are grounded in the University's vision of excellence, guided by a strong mission to develop capable healthcare professionals, and upheld by core values of integrity, innovation, teamwork, and social responsibility.

As you enter the academic session 2026-27, you join a rapidly evolving sector under the National Commission for Allied and Healthcare Professions (NCAHP). We recognize that regulatory changes can be challenging, and our dedicated faculty, academic systems, and mentoring support ensure clarity, compliance, and confidence at every stage.

With hands-on clinical exposure, skill-focused training, and career guidance, our graduates are prepared for rewarding opportunities in India and abroad. We warmly welcome you to Santosh University—where meaningful healthcare careers begin.

Dean's Message

Prof. (Dr) Moattar Raza Rizvi

Dean - Allied Health Sciences



At Santosh Deemed to be University, the Faculty of Allied Health Sciences stands as a beacon of innovation, compassion, and clinical excellence. Guided by the vision of the National Education Policy (NEP) 2020 and inspired by Viksit Bharat@2047, we are transforming healthcare education through scientific rigor, digital integration, and AI-enabled learning. Our academic ecosystem emphasizes interdisciplinary collaboration, ethical practice, and emerging alignment with the National Commission for Allied and Healthcare Professions (NCAHP). As Santosh celebrates over three decades of educational leadership, we remain devoted to nurturing AI-literate, future-ready professionals who will advance healthcare with knowledge, empathy, and innovation for a progressive and equitable India.



HOD's Message



Prof. (Dr) Ashok Kumar,

HOD - Department of General Medicine



As the Head of the Department of General Medicine, I am delighted to welcome you to a transformative journey of knowledge, discovery, and professional growth. Our department is committed to providing you with an enriching educational experience in the field of Clinical Nutrition and dietetics that goes beyond the confines of traditional learning. Through an innovative curriculum including evidence-based nutrition practice and MNT (Medical Nutrition Therapy), hands-on practical, and cutting-edge research opportunities, we aim to equip you with the skills and knowledge needed to excel in the dynamic field of clinical nutrition and dietetics.

University Highlights

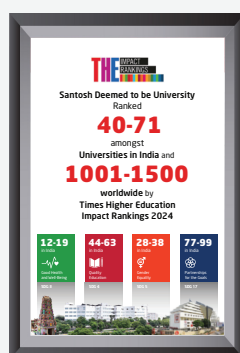
- 120+ National and International Collaborations
- Advanced Clinical Training from First Year Onwards
- Ethical, Compassionate and Patient-Centric Training Approach
- Integrated Teaching Hospital with High Patient Footfall
- Hands-on Clinical Training for Students
- State-of-the-Art Laboratories and Simulation Centers
- Highly Qualified, Experienced & Research-Oriented Faculty
- Global Collaborations & Academic Partnerships
- SIRO Certified Central Research Facility



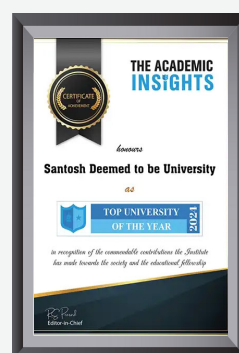
Only Dental College in India with a UNESCO Bioethics Chair



Awarded "A" Rating in Rating Cycle 2023 For Upholding the Highest quality standards



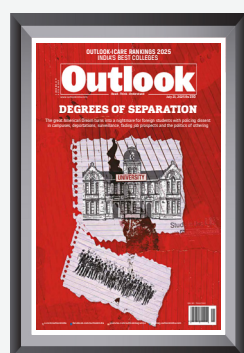
Ranked in 40-71 band in THE Impact Rankings 2024



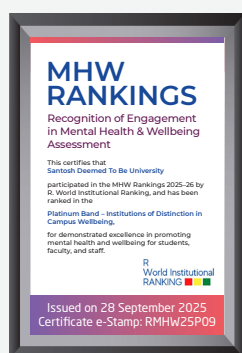
Awarded Top University of the Year-2024 by The Academic Insights



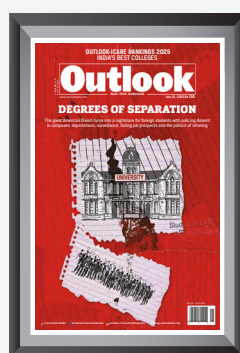
Ranked in 151-200 band in NIRF Rankings 2024



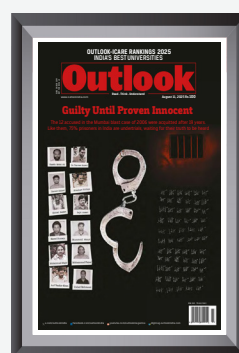
Ranked 8th in Top 28 Private Institutes - Medical in Outlook 2025



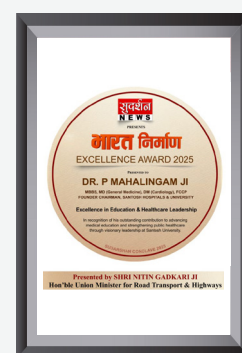
Platinum Band Recognition by R World Institutional Ranking



Ranked 10th in Top 30 Private Institutes - Physiotherapy in Outlook 2025



Ranked 9th in Top 15 Private Medical Universities in Outlook 2025



Excellence in Education and Healthcare Leadership - Excellence Award 2025

Program Overview

Transform your passion for nutrition into a professional healthcare career through a competency-based program that integrates scientific knowledge with hands-on clinical training, real-world hospital and community exposure, and the ethical foundation required for effective nutrition and dietetics practice.

Clinical Nutrition and Dietetics

The B.Sc. (Honours) in Nutrition and Dietetics is a future-focused undergraduate program for students who aspire to build meaningful careers at the intersection of science, healthcare, and human well-being. The program explores how nutrition influences health, recovery, and quality of life, preparing students to apply scientific principles to real-world health challenges across clinical and community settings.

Designed on a competency-based framework, the curriculum moves beyond textbooks into practical learning. Students gain strong foundations in nutrition science while progressively developing skills in nutritional assessment, diet planning, and evidence-based dietary interventions. Learning is enriched through laboratory work, case discussions, community exposure, and structured clinical experiences that reflect real healthcare environments. A defining strength of the program is its integrated clinical training, which enables students to work closely with healthcare teams and populations under professional supervision. Graduates emerge as confident, skilled, and ethically grounded professionals, ready for diverse career pathways in hospitals, public health programs, wellness industries, research, and advanced academic pursuits—contributing meaningfully to the growing global focus on preventive and personalized nutrition care.



Course **Insights**



Competency-based education



Therapeutic dietetics



Clinical nutrition practice



Integrated practical training



Community health focus



Evidence-based nutrition

Course **Curriculum** (3.5 Years Academics + 0.5 Year Internship)

Year	Focus Areas
1 st	Foundational Sciences & Basics of Nutrition: Human anatomy & physiology, basic biochemistry, fundamentals of nutrition, food science basics, introductory practical
2 nd	Core Nutrition & Dietetics: Applied nutrition, dietetics principles, food safety & quality, community nutrition, laboratory and field-based practical training
3 rd	Clinical & Public Health Nutrition: Clinical nutrition & diet therapy, lifecycle nutrition, public health & community postings, advanced practical and case exposure
4 th	Honours Year with Clinical Training / Internship: 6 months compulsory clinical training / internship in hospital & community settings + advanced competencies / academic consolidation





Clinical nutrition training integrates assessment tools, dietary analysis, and supervised practice to promote evidence based nutritional care outcomes globally.

Career Prospects

Clinical Nutritionist

Works in hospitals and clinics to plan therapeutic diets, support patient care, and assist medical teams in nutrition management.

Dietitian

Provides dietary counseling, meal planning & nutrition education in hospitals, wellness centers & community health settings.

Public Health Nutrition Professional

Contributes to nutrition programs, health campaigns, and community interventions in government projects, NGOs, and public health organizations.

Wellness and Lifestyle Consultant

Advises individuals and organizations on nutrition, lifestyle modification, and preventive health through wellness programs and health platforms.

Food Service and Nutrition Manager

Manages institutional food services, ensuring nutrition standards, food safety, quality control & regulatory compliance.

Nutrition Research Professional

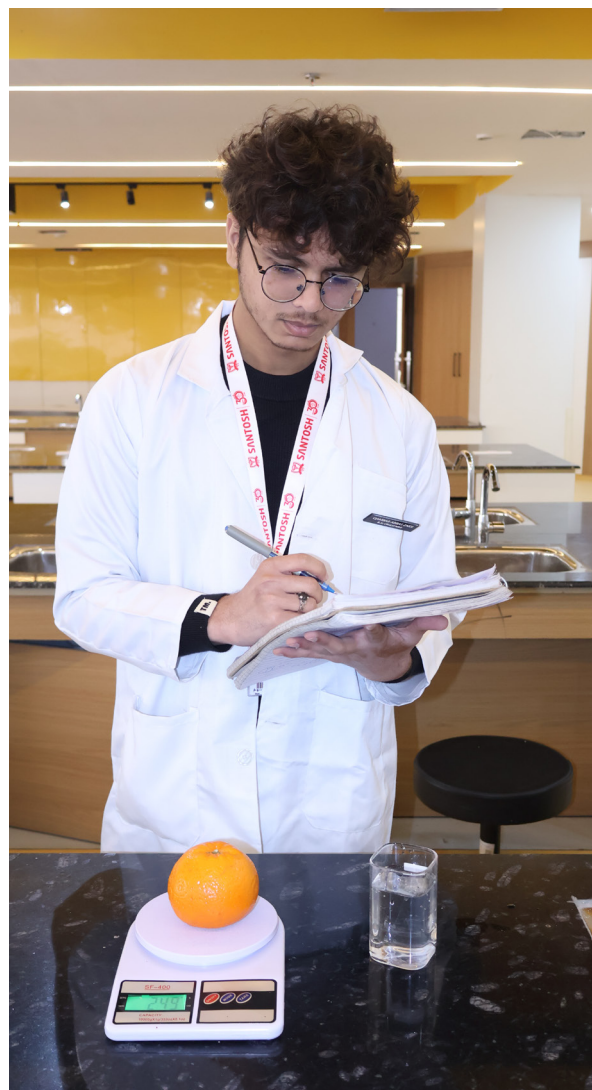
Engages in nutrition research activities including data collection, analysis, and project support in academic and healthcare institutions.



Clinical Facilities



Clinical nutrition students perform anthropometric assessment, measuring arm circumference to evaluate body composition, nutritional status, and personalized dietary planning under supervised clinical training environments globally.



Student's Testimonials

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“Being a Clinical Nutrition and Dietetics student at Santosh deemed to be University has been a life-changing journey, showing me how food affects health and illness. Every class, case study, and practical session helps me learn more and grow my passion for helping people. I am excited to use my knowledge to improve lives with good nutrition.”

Madhu Pundir, Batch 2022-2023

“

“Studying Clinical Nutrition and Dietetics at Santosh Deemed University has given me both knowledge and hands-on experience. Health camps, community programs, and expert guidance have strengthened my skills in nutrition assessment, diet planning, and patient counseling. This journey is shaping me into a confident professional ready for a rewarding career.”

Uresha Saifi, Batch 2022-2023



Clinical nutrition students assess body composition using skinfold measurements for accurate nutritional evaluation and planning.



Community nutrition outreach enables students to assess dietary habits, promote millet awareness, provide counseling, and support sustainable, culturally appropriate nutrition practices through real world engagement.



Admission Process

The students can opt for the Direct Admission process. The desired students can directly contact us for securing a seat in the program. For more details, kindly visit: admission.santosh.ac.in

- B.Sc. Clinical Nutrition & Dietetics degree is affiliated with Santosh Deemed to be University.

Program Offered

Program Name	B.Sc. Clinical Nutrition and Dietetics
Eligibility	Passed 10+2 with Physics, Chemistry, Botany & Zoology/ Biology including English OR its equivalent qualification from a Recognized Board.
Program Duration	3 Years Academics +1 Year Internship, Semester Based CBCS System
Program Type	Regular Mode
Fee Structure	Rs. 1,94,106/-

** As per the latest National Commission for Allied Healthcare Professions (NCAHP) guidelines*



Personalized nutrition counseling promotes diets, disease prevention, metabolic health, and sustainable lifestyle changes.

Faculty guided poster evaluation fosters critical thinking, nutrition communication skills, and evidence based learning.



Clinical nutrition students showcase collaborative learning, food demonstrations, leadership, and community health engagement.



Clinical nutrition students educate communities on food labels, healthy choices, and nutrition awareness.





SANTOSH
Deemed to be University



MOST APPROACHABLE LOCATION

21
Kilometres

India Gate,
New Delhi

17
Kilometres

Akshardham
Temple, Delhi

16
Kilometres

National Expressway
3, Ghaziabad

12
Kilometres

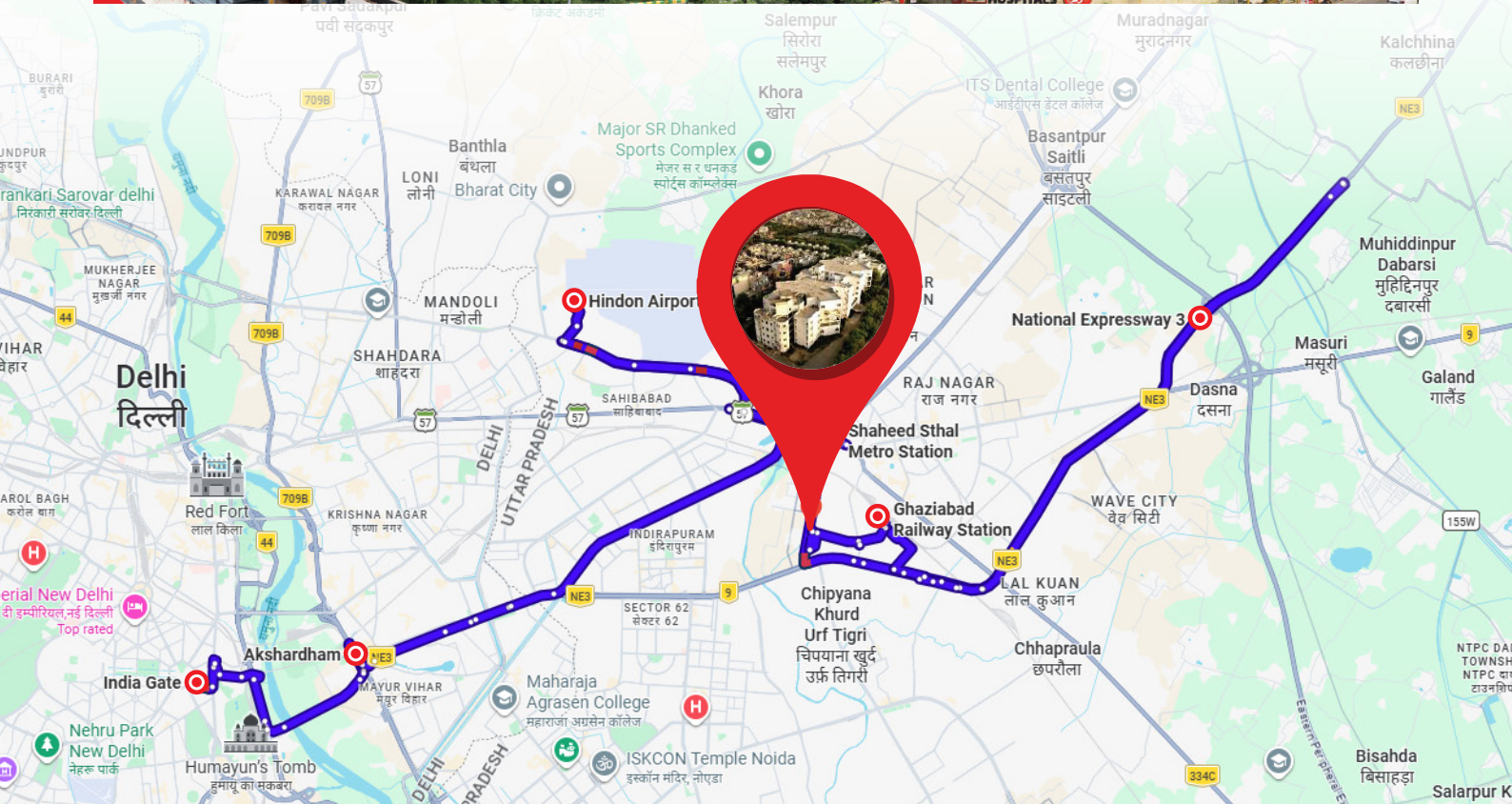
Hindon Airport,
Ghaziabad

4
Kilometres

Shaheed Sthal Metro
Station, Ghaziabad

2
Kilometres

Ghaziabad Junction
Railway Station



ADMISSION HELP DESK



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