



**SANTOSH**  
Institute of Allied Health Sciences



# SANTOSH COLLEGE OF PHYSIOTHERAPY



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800+ Bedded Teaching Hospital  
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## OVERVIEW

Santosh Physiotherapy College offering top-notch education and physiotherapy training. It was established in 1996 with the intention of offering the standard quality care treatment and excellent education in the field of physiotherapy. Our professionally qualified, trained, highly skilled and clinically trained staff uses a range of diverse teaching methods at the institution. Staff provides strategic teaching techniques including theoretical expertise, practical knowledge, group discussion sessions, case studies and other evidence-based teaching methods have created an innovative curriculum and effective teaching. It promotes comprehensive learning through a combination of classroom instruction with hands-on practical training and community interaction to promote holistic learning.

**Well Furnished Classrooms:** The college have spacious classrooms. Desks are evenly spaced together, and the hallways are well-ventilated. Advanced audio-visual teaching tools are also available in every lecture hall. The design and layout of the seminar hall took into consideration of the other factors associated with physiotherapy training and education. The exercise therapy and biomechanics lab at the college is fully furnished. A well-equipped neurological, cardio-respiratory and paediatric units with all the necessary equipment is available for student's training. Using the most up-to-date understanding and equipment from the most advanced centres of quality manufacturing, it trains effective specialists in the art of easing human pain and suffering.

## Salient Features of the College

- Ideal Location and Sprawling Campus
- Spacious Lecture Halls, Wi-fi Connectivity
- Highly qualified faculty with a vast teaching experience in all specialties
- Conferences, Seminars and Workshops are regularly held in the college
- Sophisticated and modern Physiotherapy equipment
- Good hospital with specialty clinics for practice
- Sports Department
- Student Council
- Separate hostels for boys and girls
- ATM facility
- Grievance Redressal Committee
- Regular Community Health Program
- Excellent hands-on training
- Optimum student-to faculty ratio
- Continuous learning environment
- Comprehensive clinical education
- Clinical training in various hospitals Nationwide
- The advantage of our own teaching hospital
- Individual attention and continual support from faculty
- Learning as fun through small and regular group activities.

## WHAT IS PHYSIOTHERAPY?

The term "physiotherapy" refers to the part of rehabilitative medicine which includes examination, treatment, advice, and instructions to any person preparatory to or for the purpose of or in connection with movement dysfunction, bodily malfunction, physical disorder, disability, healing from trauma and disease, physical and mental conditions, using physical agents such as exercise, mobilisation, manipulation, mechanical and electrotherapy, activity and devices or diagnosis, treatment and prevention.

It is a subspeciality of rehabilitation medicine. Physiotherapists perform rehabilitation programmes that enhance or restore human motor functions, maximise movement potential, relieve pain, and treat or prevent physical challenges associated with illnesses, injuries or other impairments. Their role is not only limited to treating the disease but a skilled physiotherapist can also understand the problems with the current lifestyle of the patient and may propose the appropriate treatment programme which is not limited to exercises, ergonomics, life style modifications, use of accessory tools and techniques to prevent the potentially morbid condition.

### Goals & Objectives of College:

- To offer physiotherapy education and reach out to the unreached.
- To acquire adequate knowledge of the basic medical subjects in the practice of Physiotherapy.
- To train general and specialized physiotherapy professional.
- To meet regional, national, and global physiotherapy skilled manpower and service needs.
- To inculcate moral and ethical values in students.
- To prepare physiotherapist to meet the health care needs of the society.
- To prepare our graduates to exercise leadership for making contribution in their respective disciplines.
- To establish and maintain the Institution as a center of excellences in Physiotherapy education.
- To provide administrative, academic and support services that create an environment conducive to teaching, learning and student success.
- To set high standards of comprehensive professional education by developing the intellectual strength of students and guiding them towards professional excellence.
- Promote excellent physiotherapy education and service research system for community development.
- To engage students in clinical research and evidence-based management.
- To produce graduates of international standard committed to professionalism.
- To enhance faculty for development and sustenance of Physiotherapy as an established method of health care.

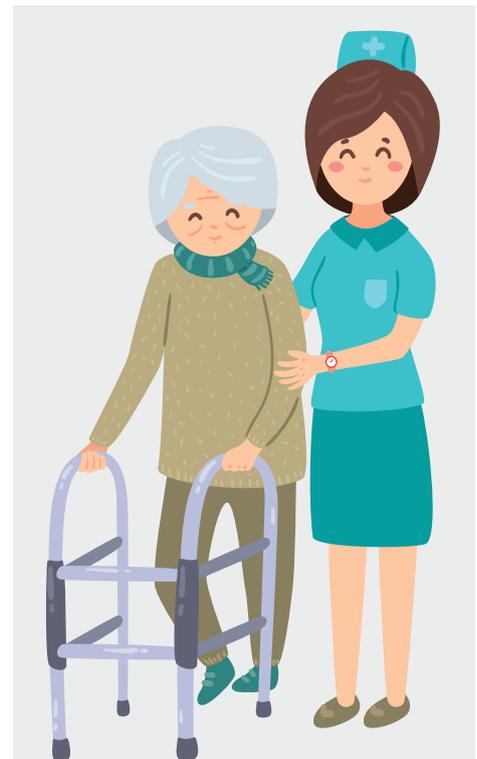
## DEMAND SCENARIO

Physical therapy or Physiotherapy (Abbreviated as PT) is a healthcare profession primarily concerned with the remediation of impairments and disabilities and the promotion of mobility, functional ability, quality of life and movement potential through examination, evaluation, diagnosis and physical intervention.

Rehabilitation is the major part of Physiotherapy and it enables patients to regain their healthy life and enables them to return to their family/professional life as soon as possible. Physiotherapists perform rehabilitation programmes that enhance or restore human motor functions, maximise movement potential, relieve pain, and treat or prevent physical challenges associated with illnesses, injuries or other impairments. Their role is not only limited to treating the patients of musculoskeletal, neurological, cardiovascular and respiratory conditions but a skilled physiotherapist can also understand the problems with the current lifestyle of the patient and may propose the appropriate treatment programme which is not limited to exercises, ergonomics, life style modifications, use of accessory tools and techniques to prevent the potentially morbid condition.

After completion of the undergraduate course, the Physiotherapist can either work in a hospital or a clinic or can even set up their own practice individually. Physical therapists have ample job prospects in Hospitals, Nursing homes, Residential homes, Rehabilitation centers, Private offices such as Private practices or Private clinics, etc. Additionally, a person with qualification in physiotherapy can work at Out-patient clinics, Community health care centers or Primary health care centers, Fitness centers or Health clubs, Occupational health centers, Special schools and Senior citizen centers, etc.

A physical therapist's job involves helping patients to recover and/or rehabilitate from a state of being incapacitated from neurological, musculoskeletal, cardiopulmonary, sports, geriatrics, oncology impairments among others. He/she has the responsibility to help restore the patient's body to its optimal functioning level. India's job market faces the dearth of physiotherapist and it can be attributed to the fact that there is not much awareness about the scope and prospects of the profession. Physiotherapist are of creative minds, excellent, innovative, exemplary healthcare professionals who have the passion for their work, inspiration for their patients, excellent performance for the patients care from every age, stage and walk of life.



## ADMISSION CRITERIA

Through Combined Entrance Exam (CET) conducted by ABVMU Lucknow. Santosh College of Physiotherapy is affiliated to Atal Bihari Vajpayee Medical University (ABVMU) and is approved by Indian Association of Physiotherapist (IAP). (For Details kindly visit at [www.abvmuup.edu.in](http://www.abvmuup.edu.in))

COURSE	ELIGIBILITY	COURSE DURATION	AFFILIATION	COURSE TYPE	TOTAL COURSE FEES	FEE PAYABLE AT THE TIME OF ADMISSION
BPT	10+2 with aggregate 50% marks in PCB from a recognized board	4Years +(6 months Internship)	ABVMU	Regular Mode	Rs 369200/-	15 Post dated cheques of Rs 22000/- for each Quarter
MPT -Neurology	Bachelor of physiotherapy from recognized university having 50% score in it.	2 Years	ABVMU	Regular Mode	Rs 191700/-	Rs 44700/- & 7 Post dated cheques of Rs21000/- for each Quarter
MPT- Orthopaedics	4-year regular course + 6 months of compulsory internship		ABVMU	Regular Mode	Rs 191700/-	
Ph.D	MPT	3 Years	Santosh University	Regular Mode	Rs 150000/- year	

For more details kindly visit [https://www.santosh.edu.in/course\\_fees](https://www.santosh.edu.in/course_fees)

## VISION

Provide widely recognized leadership in the improvement of teaching, learning and the assessment of educational outcomes through modern technology and research. The team at the college of physiotherapy strives to provide the highest standard of physiotherapy care in a happy environment. We at Santosh is a team of talented, superb, inventive, and exemplary healthcare experts that are passionate about what they do and an inspiration to their patients. Excellent work is being done as these physiotherapists take care of people at all stages of life. Our vision is to try to fulfil the



## FOLLOWING VALUES-

- Empathy - the foundation of ethical and concerned healthcare professionals.
- Quality - the foundation of evidence-based, whole-patient treatment.
- Integrity - the foundation of trust and authenticity.
- Performance - the foundation of healthy patients.
- Innovation - the foundation of outstanding personal and diseases related results. Also, for research.
- Commitment - the foundation of engagement and leadership.

Our vision is to be recognised as the most trustworthy and effective physical therapy service in the society, driven by excellent results and a knowledgeable, creative, friendly and efficient staff.

## TEAM

S. NO.	FACULTY NAME	DESIGNATION
1.	Prof. (Dr.) Deepak Raghav	Principal
2.	Dr. Tanvi Agarwal	Associate Professor
3.	Dr. Nishant	Associate Professor
4.	Dr. Shubham	Associate Professor
5.	Dr. Apoorva	Associate Professor
6.	Dr. Bhawna	Associate Professor

## CAREER OPPORTUNITIES

Physiotherapy is an autonomous profession, which means physiotherapists can operate as members of the health service provider or rehabilitation teams or as independent practitioners who can accept referrals from a range of sources, including from an individual themselves (self-referral) or from other people, often as a member of a team with other health or social care professionals. A master's degree follows a bachelor's degree and is awarded to students upon completion of specific program. Master of Physiotherapy is a post graduate course which takes the student's knowledge of their graduation course to a new and advanced level. Postgraduate Health Studies are aimed at students who wish to specialize further in a particular health-related discipline, and to advance their medical career.

The Master's program enables students to focus on any one branch of physiotherapy like musculoskeletal, neurological, cardiovascular and respiratory conditions enabling them to study these branches in detail with the combination of old and new researches for the development of student's knowledge and therapeutic methods as a whole.

The students undergo extensive training of their chosen branches through regular classes, clinical postings, workshops and seminars. The students also do their own research in this course which enables them to further understand the subject better and evidence-based practice is established.

The programs provide students with advanced research training and strong academic foundation in their chosen specialization. The programs often also include practical hands-on training in a healthcare facility.

The MPT course values the importance of physical fitness of the patients and MPT graduates are trained accordingly. MPT course is gaining momentum as it focuses on training students in physiotherapy with different techniques, by using both modern technology and natural means.

## **CAREER OPPORTUNITIES AFTER BPT AND MPT**

- Consultant physiotherapist in multi-speciality hospitals.
- Health-care centers.
- NGOs
- Corporate Physiotherapists in MNCs.
- Health Care Physiotherapy Instructor in Modern Gymnasiums.
- Ergonomic Care Advisor Physiotherapist in Special Schools for Physically Challenged Children.
- Physiotherapist in Old Age Residential Homes.
- Sports Physiotherapists/Rehabilitator along with Sports Associations, Sports Team, individually hired-physiotherapists by elite athletes.
- Entrepreneurs in Rehabilitation Centers/ Organizations.
- Private Practitioners running Private Physiotherapy Practice.
- Biomechanical analyst.
- Roles with Defense Medical Establishments.
- Roles with Educational and Health Institutions.
- Roles with Fitness Centres with Rehabilitation Centres for the Handicapped.
- Roles with Schools for Mentally Retarded and Physically Disabled Children.
- Clinical Researcher Physiotherapist.
- Those who've completed a doctorate are finding more opportunities to work outside of academia than ever before. They can work in various departments of government, scientific research, as a professor in medical college.

## **RESEARCH**

Santosh university is determined to encourage quality research in different disciplines of health science, keeping in view, the global requirement of healthcare with national need as the focal point Santosh university offers doctorate research program leading to the award of PHD degree and aims at developing individuals into the field of physiotherapy Santosh university offer PhD feel designating with a strong focus on promoting in disciplinary research in this area the duration for the full-time PhD program is three years.

Maximum duration will not exceed six years. There after the registration is stands cancelled automatically unless valid reason, vice chancellor grants an extension of not more than six months.

## **FUTURE PLACEMENTS**

Future Tentative Placements will be:

1. Continua Kids
2. Adams WyliePhysio Rehab Center
3. Reliva Clinic
4. Dev Physiotherapy Center
5. Venkateshwar Hospital

## **EVENTS IN 2022-2023**

<b>S.NO.</b>	<b>DATE OF ACTIVITY</b>	<b>TOPIC OF ACTIVITY</b>
1	19-Feb-22	physio Sports League
2	01-Sep-22	Pre-conference Sports Event
3	02-Sep-22	Pre-conference Hands on Workshop on Hand Rehabilitation
4	03-Sep-22	Pre-conference Hands on Workshop on Lymphedeoms Management And Post Breast surgery rehabilitation
5	04-Sep-22	Physiotherapy Conference 2022
6	05-Sep-22	Post Conference Hands on Workshop on Neurodynamics Techniques
7	06-Sep-22	Post Conference Hands on Workshop on Ergonomics And Postural Technique
8	29-Oct-22	In-house Hands-on Workshop on Motor Relearning Programme
9	26-Nov-22	In House In Hands on Workshop on Interpretation And Demonstration of Chest Radiographs
10	13-Dec-22	Workshop on Basic Life Saver Skill Course
11	27-Dec-22	Physiotherapy Camp At Santosh Sudarshan Hospital
12	25-Jan-23	Republic Day Celebration
13	31-Jan-23	In-house Hands-on Workshop on Art of Palpation
14	09-Feb-23	Workshop on Discover Yourself And Discover Lasting Solution (Stress Anger And Anxiety Management)

# TESTIMONIALS



**Dr. Puja Sharma (Assistant Professor)  
Piprams, Greater Noida**

"It was a great experience studying at Santosh College of Physiotherapy, Ghaziabad, a memory to cherish for lifetime. My total of 6 years was full of learning and grooming. Being a medical college, it gave me an opportunity to refine my practical skill by organizing several workshops and seminars. I am really thankful to Dr. Deepak Raghav Sir (HOD- Physiotherapy Dept.) for his immense support and guidance & for providing well equipped labs, well maintained infrastructure to enhance my academic and interpersonal skills. It's their effort that makes me to count myself into better professional today.

BPT (2006-2011)

MPT (2012-2014)



**Dr. Priyanka Chauhan  
Ph.D. (Pursuing), MPT, BPT, Santosh Medical College**

I joined Santosh Medical College during 2011 for my Bachelors of Physiotherapy and presently, year 2022, I am pursuing my Ph.D. at the very same college. The scholarly faculty are tremendously supportive, allowing freedom to explore, learn and excel in one's area of passion. I appreciate the learning environment and excellent infrastructure provided at the college which motivates one to learn and grow. I have countless lovely memories to cherish from the my BPT & MPT pursuing days. Currently, I am working as an Assistant Professor at Kailash institute of Nursing & Physiotherapy while pursuing my Ph.D. at Santosh Medical College.

