



SANTOSH
Institute of Allied Health Sciences



Department of **OCCUPATIONAL THERAPY**



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OVERVIEW

Occupational therapists work with individuals, families, groups and populations to facilitate health and well-being through engagement or re-engagement in occupation. Occupational therapists are becoming increasingly involved in addressing the impact of social and environmental factors that contribute to exclusion and occupational deprivation. Therapeutic use of self-care, work and play activities to increase independent function, enhances development, and prevents disability. It may include adaptation of task or environment to achieve maximum independence and to enhance quality of life. Occupational therapists focus on making independence a reality. While complete independence may not occur depending on the extent of the disability, occupational therapists will work with the patient or client to come up with strategies, techniques, or adaptations so that they can be as independent as possible. Occupational therapists use occupations to enable this. In the context of occupational therapy, occupation refers to meaningful activity.



BOT stands for Bachelor of Occupational Therapy. It is a job oriented undergraduate course. 'Occupational Therapy is a holistic evidence-based client- centred first contact and/or referral profession of modern health care system, based on science of occupation, with primary focus on purposeful goal-oriented activity/occupations, enhanced with the use of latest technological systems for evaluation, diagnosis, education and treatment of the patients (clients) of any age group, whose function(s) is (are) impaired by physical, psychosocial and cognitive impairments, development disorders, or the ageing process affecting their quality of life, with the aim to prevent disability, promote health & well-being and return to optimum occupational roles.

Specific occupational therapy services include but are not limited to: preventive health literacy, assessment & interventions in activities of daily living (ADL), work & productive activities, play, leisure and spiritual activities, functional capacity analysis, prescription, designing and training in the use of assistive technology, adaptive equipment & splints, and environmental modifications to enhance functional performance.

Occupational Therapy deals with patients having physical, mental, emotional and neurological limitations. It aims at improving the life, condition and rehabilitation of such temporary and permanent handicapped and limited people through different modes of treatments such as- exercises, functional training, aiding devices and equipment, ergonomic training and environmental restructuring & adaptation using "Physical modalities as an adjunct to Occupational Therapy". In short, it is "LIABILITY INTO ASSETS".

Occupational Therapy, often abbreviated as "OT", incorporates meaningful and purposeful occupation to enable people with limitations or impairments to participate in everyday life. Occupational Therapy (OT) is an applied medical science and health profession that provides skilled treatment to help individuals develop, regain or maintain the skills necessary to participate in all facets of their lives. Occupational therapists help people with disabilities to fulfil their roles and responsibilities as parent, worker, and /or student.

orthotics (splint) and environmental modifications. The patient is what is important to the therapist. The patients needs, wants, desire for recovery are what the therapist will address and the goals are set with the help of family. Occupational Therapy gives people the "skills for the job of living" necessary for living meaningful and satisfying lives. Occupational Therapy is based on concept and models and services typically include:

- Customized treatment programs to improve one's ability to perform daily activities
- Comprehensive home and job site evaluations with adaptation recommendations
- Performance skills assessments and treatment
- Adaptive equipment recommendations and usage training
- Guidance to family members and caregivers.
- Customized treatment programs to improve one's ability to perform daily

ELIGIBILITY CRITERIA

Science stream Biology Group (PCB subjects) students, who have passed 12th Science board examination from a recognized board are eligible to pursue this course. Candidate must also have scored a minimum score of 50% marks in PCB subjects.

Additionally, we look forward to have following quality in student

- Fluency in English
- Ability to speak in a persuasive tone
- Clarity of speech
- The scientific rationale behind procedures
- Ability to operate equipment wisely
- Empathy
- Confidence
- Convincing and persuasive
- Good presentation skills

DURATION

BOT is an undergraduate course. The course lasts for a period of 4½ years. Academic program is 4 years long. 6 months are dedicated towards compulsory internship.

COURSE OUTLINE

To get a better idea about the course structure and syllabus, let us take a look at some of the important subjects present in the program. OCCUPATIONAL THERAPY program is divided into 4 academic years. We will check out important subjects present in each academic year

FIRST YEAR

- Human Anatomy
- Psychology
- Physiology
- Biochemistry
- Introduction to Occupational Therapy

THIRD YEAR

- Paediatrics
- Medicine
- Gynaecology and Obstetrics
- Neurology
- General Surgery
- ENT and Radiology
- Orthopaedics
- Psychiatry
- Chest & Respiratory

FOURTH YEAR

- Occupational Therapy in Orthopaedic Conditions
- Occupational Therapy in Neurological Conditions
- Occupational Therapy in Psychiatric Conditions
- Occupational Therapy in Medical Conditions
- Occupational Therapy in Surgical Conditions
- Community Based Rehabilitation

SECOND YEAR

- Occupational Therapeutics & Occupational therapy
- Pathology
- Microbiology
- Kinesiology
- Pharmacology
- Social & Abnormal Psychology
- Bio-Mechanics
- Ergonomics

FIRST EVER HOSPITALS
BASED **TEACHING &
CLINICAL LEARNING**
THROUGHOUT
THE 2 YEAR PROGRAM



CAREER PROSPECTS

Many possibilities and job opportunities exist, when it comes to the field of Occupational Therapy. After graduation and getting practice license, one may start working at Government or Private hospitals/clinics/community health centres.

Teaching jobs are also available in front of Post graduates. MOT may work as instructors at OCCUPATIONAL THERAPY colleges/training institutes. For building a rewarding teaching career, pursuing a PG course is recommended. After completing PG course, one may work as a Lecturer/Assistant Professor at Government or Private OCCUPATIONAL THERAPY Colleges/institutes.

PhD in Occupational therapy is also available at Santosh Deemed to be University The 'work abroad' scope associated with this course is very promising! When it comes to developed countries such as the USA, the UK, Canada, New Zealand etc, healthcare system is very well developed. Governments there hire talented and skilled medical professionals from countries like India. Occupational Therapists are also in huge demand there.

International welfare associations as well as NGOs are also known to hire Occupational Therapists to help out needy people. Services offered by an OCCUPATIONAL THERAPY professional is needed by people hailing from diverse age groups- from kids to old aged people. The demand for OCCUPATIONAL THERAPY professionals is on rise. This trend has been the result of modern lifestyle.

AREAS OF OCCUPATIONAL THERAPY

Occupational therapists work in a vast array of settings, these include:

Physical Dysfunctions:

- Orthopaedics (fractures/falls), Osteoarthritis Rheumatoid Arthritis.
- Physical capacity evaluation.
- Hand rehabilitation.
- Burns, Nerve injuries, Amputations
- Road Traffic Accidents etc.
- Prosthetic and Orthosis training.
- ADL (Activities of Daily Living) & Assistive Device Training.

Paediatrics/Developmental Disorders

- Cerebral Palsy, Congenital Deformities, Downs Syndrome
- Mental - Retardation, Autism, Learning disorder, ADHD
- Sensory Integration Dysfunction
- School Based Occupational Therapy
- Other Developmental Disabilities etc.
- N.I.C.U. PICU
- Early Intervention

Cardio- Pulmonary Disorders

- Work simplification and energy conservation techniques Cardiac Patients
- Myocardial Infarction, COPD, etc.

Cumulative Trauma Disorders

- Work simplification and energy conservation techniques.
- Carpal Tunnel Syndrome, Low Back Pain. Work related Disorder
- Cumulative Trauma

COMMUNITY

Community based practice involves working with people in their own environment rather than in a hospital setting. It can also involve working with a typical populations such as the homeless or at-risk populations. Examples of community-based practice settings:

- Health promotion and lifestyle change
- Intermediate care
- Access to work place, Home and community modification
- People's own homes, carrying out therapy and providing equipment and adaptations
- Vocational rehabilitation
- Architectural adaptations

NEUROLOGICAL DISORDER

Community based practice involves working with people in their own environment rather than in a hospital setting. It can also involve working with a typical populations such as the homeless or at-risk populations. Examples of community-based practice settings:

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GERIATRIC

- Alzheimers disease, Dementia etc.
- ADL (Activities of Daily Living) Training to elderly
- Adaptive device training
- Wheel chair training.
- Hospices (Old age Home)
- Degenerative Disease

MENTAL HEALTH

- Child and adolescent mental health services (CAMHS)
- Schizophrenia, Phobias, Mood, Anxiety Neurosis, Psychosomatic & Personality disorder
- Alcoholism and Substance abuse
- Functional capacity evaluation
- Mental health clinics (day care centre, half way home and sheltered workshops)
- Psychiatric rehabilitation programs
- Mental Hospital
- ADL (Activities of Daily Living) Training to Mentally ill Patients
- Forensic psychiatry

JOB PROFILE

Government organizations / institutions / hospitals / projects	Chronic care facilities
Military Services	Social agencies/Community Based Rehabilitation (CBR) & Disaster Management Projects
Non- government organizations	Hospice care facilities
Private sectors like	Mental Health Setups /Institutions and Hospitals
Acute care hospitals & nursing homes	Industries
Rehabilitation centres & clinics / centres (like developmental therapy clinics, neurorehabilitation facilities, de addiction centres etc.)	Self employed
Special schools	Very Good job opportunity in India but also in Abroad
Main stream Schools	

BENEFIT FROM OCCUPATIONAL THERAPY

A wide variety of people may benefit from Occupational Therapy, these may include people with:

- Work-related injuries including lower back problems or repetitive strain injuries
- Physical, cognitive or psychological limitations following a stroke, brain injury or heart attack
- Arthritis, multiple sclerosis, or other serious chronic conditions
- Birth injuries, learning difficulties, or developmental disabilities
- Mental health difficulties Alzheimer's, schizophrenia, and post-traumatic stress
- Substance abuse problems or eating disorders
- Obsessive compulsions, or diagnosed obsessive compulsive disorder (OCD)
- Burns, spinal cord injuries, or amputations
- Fractures or other injuries from falls, sports injuries, or accidents
- Visual, perceptual or cognitive impairment
- Developmental disabilities such as autism or cerebral palsy
- Domestic abuse issues.

FEE

Bachelor of Occupational Therapy 2022-23

Essential Qualification: The student who passed 10+2 PCB from Recognized Board with 50% aggregate Marks.

Admission Criteria: Through Merit / Combined Entrance Exam (CET) conducted by ABVMU, Lucknow
(For Details kindly visit at www.abvmuup.edu.in)

COURSE DURATIONS (IN YEARS)	2
Course Fee for 2022-23 Session (₹)	3,33,900
a. Tuition Fee for 2022-23 Session (₹)	3,15,000
b. One time Fee/charges payable at the time of admission (₹) Includes college's practical Exams Fee,clinical Lab charge, Librery Fee,Manuals & Syllabus charges	18,900

TUITION FEE POST DATED CHEQUE PRESENTATION SCHEDULE

QUARTER	DURATION	DATE OF CHEQUE PRESENTATION	AMOUNT (₹)
1 st Quarter	(Sep- Oct)	Payable at the time of admission	33,900
2 nd Quarter	(Nov-Jan)	21 st Nov 2022	20,000
3 rd Quarter	(Feb-Apr)	21 st Feb 2023	20,000
4 th Quarter	(May-July)	21 st May 2023	20,000
5 th Quarter	(Aug-Oct)	21 st Aug 2023	20,000
6 th Quarter	(Nov-Jan)	21 st Nov 2023	20,000
7 th Quarter	(Feb-Apr)	21 st Feb 2024	20,000
8 th Quarter	(May-July)	21 st May 2024	20,000
9 th Quarter	(Aug-Oct)	21 st Aug 2024	20,000
10 th Quarter	(Nov-Jan)	21 st Nov 2024	20,000
11 th Quarter	(Feb-Apr)	21 st Feb 2025	20,000
12 th Quarter	(May-July)	21 st May 2025	20,000
13 th Quarter	(Aug-Oct)	21 st Aug 2025	20,000
14 th Quarter	(Nov-Jan)	21 st Nov 2025	20,000
15 th Quarter	(Feb-Apr)	21 st Feb 2026	20,000
16 th Quarter	(May-July)	21 st May 2026	20,000

For more details kindly visit https://www.santosh.edu.in/course_fees

Cheques to be issued In favour of SANTOSH TRUST

"Please mention your Name, course, Session and Mobile number by lead pencil at the back side of each cheque. As per RBI mandate- No overwriting/Any correction/ improper (cut cheque) leaf will not be accepted."

Note- ABVMU/UPSMFU Theory Exam/Migration/Degree/ Certificate/ Marksheet/UPSMFU registration chareges are separate and payable directly to ABVMU/UPSMFU as per their schedule/ Notices

Note-Student Annual RFID Charges (Rs1200+GST) is separately payable

FEE

Master of Occupational Therapy 2022-23

Subjects: Neurology / Orthopaedics / Paediatrics

Essential Qualification: The Candidate who possess BOT with 50% aggregate Marks from Recognized University

Admission Criteria: Through Merit / Combined Entrance Exam (CET) conducted by ABVMU, Lucknow (For Details kindly visit at www.abvmuup.edu.in)

COURSE DURATIONS (IN YEARS)	2
Course Fee for 2022-23 Session (₹)	1,91,700
a. Tuition Fee for 2022-23 Session (₹)	1,74,350
b. One time Fee/charges payable at the time of admission (₹) Includes college's practical Exams Fee, clinical Lab charge, Librery Fee, Manuals & Syllabus charges	17,350

TUITION FEE POST DATED CHEQUE PRESENTATION SCHEDULE

QUARTER	DURATION	DATE OF CHEQUE PRESENTATION	AMOUNT (₹)
1 st Quarter	(Sep- Oct)	Payable at the time of admission	42,600
2 nd Quarter	(Nov-Jan)	21 st Nov 2022	13,000
3 rd Quarter	(Feb-Apr)	21 st Feb 2023	13,000
4 th Quarter	(May-July)	21 st May 2023	13,000
5 th Quarter	(Aug-Oct)	21 st Aug 2023	13,000
6 th Quarter	(Nov-Jan)	21 st Nov 2023	13,000
7 th Quarter	(Feb-Apr)	21 st Feb 2024	13,000
8 th Quarter	(May-July)	21 st May 2024	13000

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